

Elmer G Biddick

CHARITABLE FOUNDATION

11623 State Road 80 Livingston, WI 53554

Phone (608) 943-6363

www.biddickfoundation.com

Jason B Biddick - President
Rachel L. Jordan - Vice-President
Bradley D Biddick - Secretary-Treasurer

Peggy J Biddick
Dinah Overlien
James W Neuendorf
Wendy Potter

GRANT APPLICATION

*Must be received in our office on or before the due dates below

Due Dates April 15th and October 15th

Date: August 21, 2020

Name of Organization (must match IRS 501(c)(3) designation) Have A Heart, Inc.

Address W10356 State Hwy 29

City, State, Zip River Falls, WI 54022

Phone (715) 425-7754

Person Responsible for the Grant Courtney Vorwald

Position in the Organization Grant & Event Coordinator

Organization's Purpose Have A Heart, Inc. exists to provide support for individuals with physical and/or developmental disabilities and their families. We offer weerend respite, adult day care, and 1 adult family home. We are looking at opening a second home.

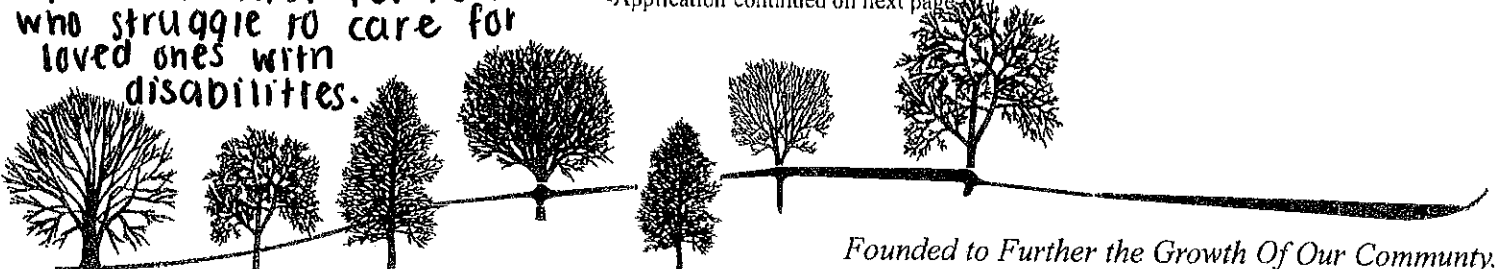
This application must include your organization's latest IRS Letter of Determination showing exemption and public support status. (Not required for units of Government & public schools).

Grant Request \$ 3,000

Describe the reason for this grant request in the space below:

Have A Heart's mission is to serve the often underserved. Our organization provides hands-on care and companionship to adults with physical disabilities through our programs. The reason for this grant is to renovate a farmhouse on our property to become a 2-bed group home - which would provide a permanent home for 2 adults with special needs. These services are much sought after, and provides relief for families who struggle to care for loved ones with disabilities.

-Application continued on next page



Founded to Further the Growth Of Our Community.

Attachments to this grant that we find useful in considering your grant request.

A. Supporting information. *(see separate page)*

1. Specific use of grant.
2. Time schedule.
3. Other sources of funding.
4. Describe the effect of postponing your request to another time.
5. Describe who, when, how and where will the effects of this grant be felt.

B. Your organization's history, activities, services, and composition. (Videos are of limited use.)

B. Have A Heart, Inc. was born in 1994, as a place where children of all abilities could go to play, receive support services, and be children. Our organization was born with the dream, and mission to help as many children with physical/developmental disabilities and their families as possible. Over the years, our dream and mission have expanded to include adults with physical/developmental disabilities as well. Our programs include an adult day care (opened in 2008), which provides personal care, companionship, trips to local parks, museums, zoos, water parks, libraries, etc. We strive to make our adult day care program as enriching and fun as possible. Our current other program is a 4-bed adult family home, serving four gentlemen with high care needs.

We are a small organization composed of currently 3 admin staff, 12 caregivers, and a board of directors. We serve a total of 18 clients of varying needs, with diagnoses ranging from autism, Down's syndrome, spina bifida, Reubenstern Taybi, paralysis, developmental delays, and a variety of other conditions and needs. We previously offered a weekend respite program that has been suspended due to COVID-19.

Applications are considered in June and December of each year. The corresponding deadlines are April 15th and October 15th. Concise grants that address the needed information are appreciated.

PLEASE SEND THIS APPLICATION TO ELMER G BIDDICK CHARITABLE FOUNDATION:

Biddick, Inc.
11623 State Road 80
Livingston, WI 53554
Phone (608) 943-6363

A. Supporting Grant Information

1. Specific Use of Grant

This grant would be used towards the renovation of 1960s era farmhouse located on our property. We have been able to complete the two bedrooms and most of the bathroom. However, we are still in need of new windows, plumbing work, siding, and some kitchen repair. We are in the process of getting bids from contractors for these projects to get completed.

2. Time Schedule

We began the early stages of this project during the winter of 2018/Spring 2019. At the time we had a maintenance person who was familiar with construction and drywall work. We are setting a goal for this project to be completed by spring or summer of 2021.

3. Other sources of funding

We have been relying mostly on grants and generous donations towards this project. We have approached some local foundations and grantors, and so far have raised \$7,000 towards the project. We also host a yearly big fundraiser at our property and have a project as the focus point of our fundraisers. For example, our fundraiser for 2019 was geared towards raising money to purchase a new transportation van. This year, we were hoping to raise funds for the farmhouse project, but in adhering to COVID-19 precautions, we might need to cancel our event or brainstorm a virtual fundraiser.

4. Describe the effect of postponing your request to another time

If we were to postpone our request for another time, and ultimately push back our project, it would put Have A Heart, Inc. in a difficult place financially. COVID-19 required us to also temporarily close our Adult Day Care program where we would serve on average 15 clients per day, where for those services we were either paid privately by families or through a funding program such as IRIS. With that closure, we were not bringing in that revenue for two months, yet our caregivers working round-the-clock at our adult family home still needed to be paid. This has put us in a tight place currently, and opening another adult family home would be another funding source for our organization, and a way to get ahead and further expand and grow.

5. Describe who, when, how, and where will the effects of this grant be felt.

This grant will effect ultimately the lives of two adults with physical and/or developmental disabilities and their families. The completion of this project will give these two adults with high care needs a home, and will provide relief for their families who currently take on the entirety of their care. These types of services are in high demand, and we would be helping our community and the often underserved community of special needs individuals with the completion of this project. Clients that will be living in the home will come from either our community of River Falls or the greater radius including much of St. Croix and Pierce County.

INTERNAL REVENUE SERVICE
DISTRICT DIRECTOR
P. O. BOX 2508
CINCINNATI, OH 45201

DEPARTMENT OF THE TREASURY

Date: APR 24 1999

Employer Identification Number:
39-1768553

DLN:

17053094718038

Contact Person:

D. A. DOWNING

Contact Telephone Number:

(513) 241-5199

Our Letter Dated:

February 1994

Addendum Applies:

No

HAVE A HEART INC
W10356 HWY 29
RIVER FALLS, WI 54022

Dear Applicant:

This modifies our letter of the above date in which we stated that you would be treated as an organization that is not a private foundation until the expiration of your advance ruling period.

Your exempt status under section 501(a) of the Internal Revenue Code as an organization described in section 501(c)(3) is still in effect. Based on the information you submitted, we have determined that you are not a private foundation within the meaning of section 509(a) of the Code because you are an organization of the type described in section 509(a)(1) and 170(b)(1)(A)(vi).

Grantors and contributors may rely on this determination unless the Internal Revenue Service publishes notice to the contrary. However, if you lose your section 509(a)(1) status, a grantor or contributor may not rely on this determination if he or she was in part responsible for, or was aware of, the act or failure to act, or the substantial or material change on the part of the organization that resulted in your loss of such status, or if he or she acquired knowledge that the Internal Revenue Service had given notice that you would no longer be classified as a section 509(a)(1) organization.

If we have indicated in the heading of this letter that an addendum applies, the addendum enclosed is an integral part of this letter.

Because this letter could help resolve any questions about your private foundation status, please keep it in your permanent records.

If you have any questions, please contact the person whose name and telephone number are shown above.

Sincerely yours,


District Director

Letter 1050 (DO/CG)

Heartwarming Happenings

Have A Heart, Inc.
History

by Jill Flanagan
PT Today Editorial Assistant

River Falls, WI, is home to the 18-acre Have A Heart Farm and Heart To Heart Childcare & Respite which opened in September, 1994. Have A Heart Inc. primarily works with special needs children, offering physical, occupational and speech therapies in family homes, community-based programs and at

Have A Heart Farm. However, the farm is open to all children because Have A Heart's ultimate mission is to create an environment where every child can have fun.

A playground, three dinosaur play stations, a baseball field, a barn, a workshop and gardens are all on-site providing a variety of settings in which to be active and playful. Children can participate in many activities because there are no insurmountable barriers on the farm. The property provides services to children aged 6 weeks to 17 years old and can accommodate up to 40 children.

Janet Sternat, PT, is CEO of Have A Heart Inc. and the head of pediatric therapy services. The idea for the farm was born out of her experiences as a physical therapist and her desire to revise the way in which respite care is administered.

"Being a physical therapist for 25 years working in clinical settings as well as in the home and

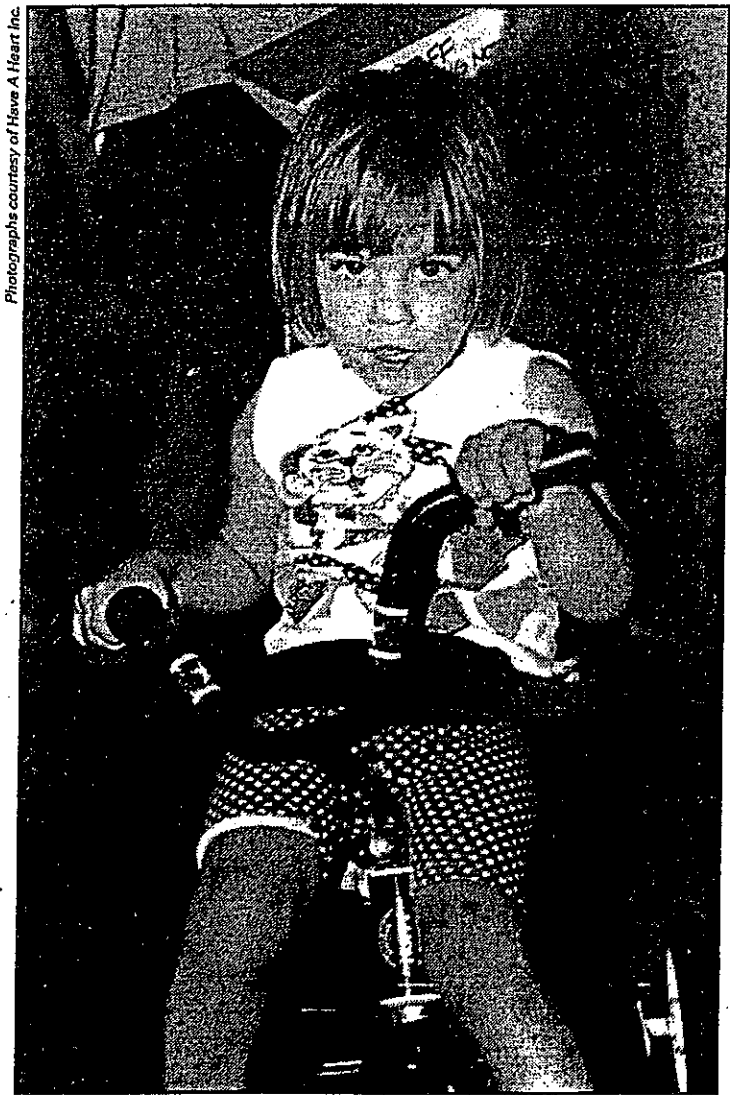
At Have A Heart Farm children can be children

schools, I saw that families needed a break from all the family and professional care," Sternat noted.

"The way respite care has evolved, caregivers come into the family's home and the parents have to find someplace to go. After dealing and coping with a disabled child, families may not have the recreational skills needed to relax and play," she explained. "My thought was if the kids could go someplace and the families could stay home, [the families] could have some free time."

Have A Heart offers additional support and backing to parents and guardians of special needs children through the Parents Reaching Parents organization. A support group, parenting classes and the opportunity to be matched with a parent-aid volunteer are available through the program.

THE FELDENKRAIS METHOD is the dominant philosophy followed at Have A Heart Farm. One certified Feldenkrais practitioner is on staff and others at Have A Heart Farm are being trained in the method. The Feldenkrais Method teaches children how to learn, how to problem solve, how to adapt to situations using movement, communication and thinking skills and how to fully use their abilities. "We've all been involved in learning the Feldenkrais Method and it has affected our thinking," Sternat maintained. "It is the attitude we



Happy faces are plentiful at Have A Heart Farm

hold for how to work with children at the farm whether they're here for day care, respite care, as a member or for therapy."

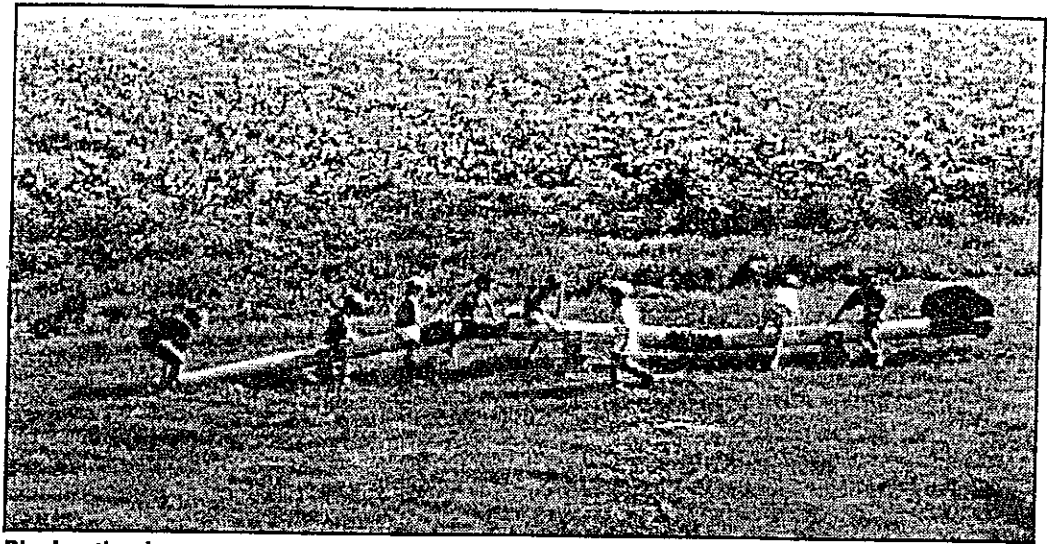
Sternat explains that the focus of the Feldenkrais Method is on moving the body, having fun, growing and learning. "Feldenkrais is a method that allows us to help people cope with their situation. It applies very well to children." The Feldenkrais Method is particularly helpful for children with special needs who must deal with medical appointments and procedures, physical therapies, limitations and social stigmas.

Have A Heart's staff members are careful not to put pressure on children who come to farm, realizing that requirements are the last thing they need. "Our only requirement is that we support the child where they are, support their needs and teach them how to function within the mainstream of society," Sternat explained. "We are not putting upon them yet another idea that they are not adequate. They are not coming out here for a medical appointment so that they can be made better, they are coming out here for relief from all that."

THE UNIQUE ENVIRONMENT

of Have A Heart is key to the children's enjoyment of the farm and critical to the success of Have A Heart Inc., said Sternat. "There's an environment created by our attitude and our thinking and there's the actual physical environment with a lot of outdoor spaces where rambunctious kids can have fun and where noise is allowed and encouraged." Play is expected and fostered for adults and children alike in several buildings on Have A Heart Farm.

The importance of Have A Heart



Playing the day away

Farm and the value of the work that is done on the property has prompted groups in the River Falls community to offer support to the farm and its projects. "There are some Lions Clubs and Rotary Clubs that support little projects we have. We try to match a service or equipment idea with the mission of the community organization or company."

Have A Heart Farm organizes fund raising activities on its own as well. An annual auction is

held and items are sold at the farm to raise money as well. Posters and reproductions of "Contented Hearts at Have A Heart Farm," an original oil painting by internationally known artist Marilyn Mark, were sold at the farm.

In addition to providing services to children and organizing fund raisers, Have A Heart Farm's staff members are involved in other projects. The Heart Beats Newsletter, published annually at present, plans to be published quarterly in the future. This month, Have A Heart Press will release *Hey! Is Anybody Out There?*, a book written by Sternat and staff members Bruce Frediani and Linda Flanders. The book addresses how to deal with an atypical child using the Feldenkrais Method and Ericksonian Theory.

Have A Heart's other offerings include workshops for physical, occupational and speech therapists, teachers, parents and other family members. A workshop is planned for the future which will focus on the day care provider's role in child care and explain how to foster purposeful behavior in children versus managing children's behavior. Sternat's group hopes to structure a similar program for parents. ■

"They are not coming out here for a medical appointment so that they can be made better, they are coming out here for relief from all that."

—Janet Sternat,

PT

held to raise funds and, as Sternat explained, to bring the community to the farm. "Although the auction is called a fund raiser, it's actually an excuse to get people to come out to the farm and experience it."

Have A Heart, Inc.
History

Whole Health Integrative Healing

april 1997 THE EDGE

Have a Heart: The Feldenkrais option

Awareness through movement,
functional integration, and
how to live the way you want

In a small town in western Wisconsin, surprising things are happening. River Falls, Wisc., has been the home of a 4-year professional training program at the University of Wisconsin. This month, 41 graduates are springing forth into communities as far away as New York, Texas, Colorado, and as close as the Twin Cities. These graduates will be ready to teach others how to improve their lives as Certified Feldenkrais Practitioners®.

The question about consciously learning how to live is usually not raised, in a deep way, until an unexpected constraint is placed upon someone's life. Such constraints could include injury, chronic pain or disability or any limitation placed on our hope for personal achievement.

Moshe Feldenkrais (1904-1984) became aware of this in 1930 when an injury to his knee immobilized him. As a result, he discovered how to use movement and sensory exploration to enhance brain function and develop interconnections to unused parts of the brain. The surprising outcome was not only a restored knee, but an expanded functional and thought capacity.

By using the natural process of sensorimotor learning, combined with attention to postural habits, functional compulsions and



Celebration of Loving at Have-A-Heart Farm
Jeremiah Craighton and Heather Hjersto are
part of a spontaneous occurrence
— this day a parade

even habitual thinking patterns, Moshe discovered the significant link between our habitual somatic limitations and the applied use of ourselves in the life we lead. He realized that perceived limitations can be a roadblock to moving along in life.

He came to understand that if you cannot find the door or do not recognize how to turn the knob, one becomes stuck in limited options.

Thus, The Feldenkrais Method® evolved. It is now recognized as a way of opening the door and teaching the student how to look for and recognize the obvious limitations in their everyday functions.

Mr. Feldenkrais was not a gentleman who opened doors for people, but a teacher who taught others how to move naturally, how

to engage their full brain potential and how to think more clearly.

He used our basic human need for touch and contact to interest his students in their own conditions. He did this through a combination of gentle and subtle stimulations. These various movements then stimulate the brain's interconnections, growth and development.

In addition to physical and neurological principles, Moshe used the principles of healthy relationships in the development of The Feldenkrais Method. Relationship with our own body, built upon nurturing, respect, awareness and clarified intention, extends itself into our relationships with others, as it must, in responsible human living.

As a physicist, he was interested in patterns and physical laws; as a black belt in Aikido, he was interested in people and how they can function together in a changing world. He brought this work into the world almost 35 years ago and it has grown to include over 5,000 practitioners around the world.

As of April 5, there will be more than 35 practitioners in Minnesota and Wisconsin. Because River Falls has been the training site community in the upper Midwest, it is not surprising that the local hospital and a unique child-care facility, Have-A-Heart Farm, will continue as sites for interested learners. ∞

Janet Starnat, P.T., has more information for those interested in learning more about The Feldenkrais Method, in changing your personal circumstances, or in learning more about how this method applies to children. Write to her at: Have-A-Heart Farm, W10356 Highway 29, River Falls, WI 54022, or call the Movement Studies Institute in Berkeley, Calif., at 800-342-3424.